CASINO CHRISTIAN SCHOOL

Honour Christ, build community and 'grow in grace and knowledge'
2 Peter 3:18

Phone 02 6662 5599
Email admin@ccs.nsw.edu.au
Web www.ccs.nsw.edu.au
PO Box 30 Casino NSW 2470
93 Manifold Road North Casino
Office Hours
Mon - Fri 8.00am - 4.00pm
ABN 93 392 520 152

Wednesday 13th May 2026

Casino Christian School Athletics Information Note

Dear Parents and Guardians,

We are excited to share the details of the **2026 Athletics Carnival**, which will be held over two days at **Casino Christian School**:

- **Secondary Athletics Carnival** – *Thursday, 11th June*
- **Primary Athletics Carnival** – *Friday, 12th June*

Due to the large number of events, some will be held over the four weeks leading up to the carnivals. Please read the following information carefully to ensure your child is prepared for all activities.

Secondary Athletics Events

- **Track:** 100m, 200m, 400m, 800m & 1500m
- **Field:** Javelin, Discus, Shot Put, High Jump & Long Jump

Primary Athletics Events (turning 8 years and up in 2026)

- **Track:** 100m, 200m, 800m & 1500m
- **Field:** Discus, Shot Put, High Jump & Long Jump

Note: All 8- to 10-year-olds will compete against each other for every field event, 800m & 1500m.

2

Infants Events (turning 7 years and under in 2026)

- These students will participate in modified events during the Primary Athletics Carnival

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Important dates to remember leading up to each carnival:

- **Thursday 14th May (1.40pm – 3.00pm):** Secondary Years 9–12 – Boys Discus / Girls Javelin
- **Friday 15th May (1.40pm – 3.00pm):** Secondary Years 7–8 – Boys Discus / Girls Javelin
- **Thursday 21st May (1.40pm – 3.00pm):** Secondary Years 9–12 – Boys Javelin / Girls Discus
- **Friday 22nd May (1.40pm – 3.00pm):** Secondary Years 7–8 – Boys Javelin / Girls Discus
- **Monday 11th May – Wednesday 3rd June:** Primary Discus during Primary Sport
- **Thursday 4th June (1.40pm – 3.00pm):** Secondary Years 9–12 – 1500m event
- **Friday 5th June (1.40pm – 3.00pm):** Secondary Years 7–8 & Primary – 1500m event

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What do I wear when we have athletics events on?

- **Pre-Carnival Events:** Students will wear their normal Sports Uniform for all pre-carnival events. Students may bring sports shoes in their bag to change into for events. Year 11 and 12 students who wish to compete may bring a change of clothes and shoes. Students in Years 11 and 12 may also choose to remain in class if they do not wish to compete.

- **Athletics Carnival:** Students are encouraged to wear House-coloured clothing that is sun-safe, modest and suitable for athletic activities. All students must wear appropriate sports shoes.

Age Group Classification

Students participate in the age group they turn in 2026 and not the age you currently are if you haven't had your birthday yet.

Everyone is Welcome

Family and friends are welcome and encouraged to travel out to Casino Christian School and cheer on the students at the Athletics Carnival.

- **Secondary Athletics Carnival:** Thursday 11th June from 9.15am to 2.45pm
- **Primary Athletics Carnival:** Friday 12th June from 9.15am to 2.45pm

Carnival Day Program (Both Days) – *Please see the attached program for event details*

- **8:30am – 9:00am:** Arrival at Casino Christian School
- **9:00am – 9:15am:** Roll call on the oval
- **9:15am – 9:30am:** Announcements & Prayer
- **9:30am – 2:30pm:** Athletics events
- **2:30pm – 3:00pm:** Final announcements & clean-up

What to Bring

- House colours or sports uniform (sun-safe and modest)
- Sports shoes (must be worn at all times)
- Change of clothes and shoes (in case of wet or muddy conditions)
- Water bottle, snacks, lunch
- Money (for canteen, coffee cart, or food stalls if operating)
- Hat and sunscreen
- Asthma puffer or medication if required

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Canteen & Coffee Cart

Secondary Athletics Carnival – Thursday 11th June

- Canteen open from 10.30am – 1.40pm
- Coffee cart operating from 10.30am – 12.00pm for adults and students in Years 10–12

Primary Athletics Carnival – Friday 12th June

- Canteen open from 10.30am – 1.40pm
- Coffee cart operating from 10.30am – 12.00pm for adults and students in Years 9–12

Travel Arrangements

Students will travel to and from school using their normal transport arrangemnets on carnival days.

Helpers Needed

As this is a large event to coordinate, we would greatly appreciate parent assistance with timekeeping, ribbon writing and a variety of other jobs.

If you are able to assist, please complete the section on the attached form and return it to the School Office by Thursday 4th June. Alternatively, you may call the school office or email dmcpherson@ccs.nsw.edu.au

Please remember that the Casino Christian School Athletics Carnival is a compulsory school event for all students.

Zone and State Carnival Dates

- **Zone Athletics (Coffs Harbour):** *Thursday, 13th August*
- **Primary State Carnival (Sydney):** *Friday, 21st August*
- **Secondary State Carnival (Sydney):** *Thursday, 27th August*

Thank you for your support. We look forward to an exciting and enjoyable Athletics Carnival in 2026!

D. McPherson
Sports Coordinator

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CASINO CHRISTIAN SCHOOL CANTEEN MENU

HOT FOOD (pre-order to office **by 9am Friday** with name, class, order & correct money)

Kings Meat Pie	$4.50
Kings Sausage Roll	$3.50
Spinach & Feta Roll	$3.50
Ham and Cheese Toasted Wrap	$3.00
Dino Nuggets	$3.00 for 5 nuggets
Fish Bites	$3.00 for 5 bites
Chicken Burger* *(schnitzel, lettuce & mayo)* + gf option	$6.00
Pizza Single* *(ham & pineapple or ham & cheese)*	$3.50
Sauce *(BBQ or tomato)*	30c

CHIPS

Red Rock Deli *(sea salt)* GF	$1.00
Grain Waves *(sour cream & chives)*	$1.00
Popcorn	$1.00

DRINKS

Bottled Water	$1.00
Fruit Juice Popper *(apple, apple & blackcurrant, tropical or orange)*	$2.00
Flavoured Milk *(chocolate or strawberry)*	$3.00
Chill J - (Bottles) **& Juice Bomb** (Cans)	$2.00

Groovy Grape, Rippin Raspberry, Watermelon, Lemonade, Blastin Blackcurrant, Orange-Passio

Juice Bomb (Cans) – Apple Coola, Vanilla/Lime, Apple/Raspberry, Apple/Blackcurrant

FROZEN FOOD**

Moosie *(chocolate, strawberry or blue moon)*	$1.50
Frozen Yoghurt Twist *(choc/vanilla or strawberry/vanilla)*	$2.00
Zooper Dooper	$1.00

SUSHI

Chicken Teriyaki (Twin Pack)	$7.00
Chicken Avocado (Twin Pack)	$7.00
Tuna & Mayo (Twin Pack)	$7.00
Chicken fried rice mini poke bowl	$9.00
Sachets (Mayo, GF Soy, Wasabi, Soy)	$ .10c

***Hot foods are only available on pre-order**
**Orders with frozen food may be stamped to return to the canteen to collect frozen food

As of 01.02.2026

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Secondary Athletics Carnival

Thursday 11 June 2026

Time / Round	Boys Events	Girls Events
1 9:00 – 9:30	Students arrive and sit in year groups on the oval in front of the Carpark. Prayer, Rolls, Introduction & Announcements	
2 9:30 – 10:10	**100m** **Boys:** 12, 13, 14, 15, 16, 17, 18+	**12 to 13 Girls:** Long Jump **14 to 15 Girls:** Shot Put **16 to 18 Girls:** High Jump
3 10:10 – 10:50	**12 to 13 Boys:** Long Jump **14 to 15 Boys:** Shot Put **16 to 18 Boys:** High Jump	**100m** **Girls:** 12, 13, 14, 15, 16, 17, 18+
4 10:50 – 11:30	**200m** **Boys:** 12, 13, 14, 15, 16, 17, 18+	**12 to 13 Girls:** High Jump **14 to 15 Girls:** Long Jump **16 to 18 Girls:** Shot Put
5 11:30 – 12:10	**12 to 13 Boys:** High Jump **14 to 15 Boys:** Long Jump **16 to 18 Boys:** Shot Put	**200m** **Girls:** 12, 13, 14, 15, 16, 17, 18+
6 12:10 – 12:50	**400m** **Boys:** 12, 13, 14, 15, 16, 17, 18+	**12 to 13 Girls:** Shot Put **14 to 15 Girls:** High Jump **16 to 18 Girls:** Long Jump
7 12:50 – 1:30	**12 to 13 Boys:** Shot Put **14 to 15 Boys:** High Jump **16 to 18 Boys:** Long Jump	**400m** **Girls:** 12, 13, 14, 15, 16, 17, 18+
8 1:30 – 2:00	**800m** **Boys:** 12, 13, 14, 15, 16, 17, 18+ **Girls:** 12, 13, 14, 15, 16, 17, 18+	
9 2:00 – 2:30	**Relays:** Everyone sits in with their House next to the 100m track to support relay teams Boys Secondary School Relay Girls Secondary School Relay	
10 2:30 – 3:00	Announcements & Thankyou Clean-up / Pack-up / Pick-up rubbish Carnival ends and everyone leaves for buses.	

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Primary Athletics Carnival

Friday 12 June 2026

Time / Round	Primary Boys Events	Primary Girls Events	5 to 7 Year Events
1 9:00 – 9:30	Students arrive and sit in year groups on the oval in front of the Carpark. Prayer, Rolls, Introduction & Announcements		
2 9:30 – 10:10	**100m** **Boys:** 8, 9, 10, 11, 12+	**8 & 9 Girls:** Long Jump **10 Girls:** Shot Put **11 & 12+ Girls:** High Jump	**Boys:** 100m **Girls:** Turbo Javelin
3 10:10 – 10:50	**8 & 9 Boys:** Long Jump **10 Boys:** Shot Put **11 & 12+ Boys:** High Jump	**100m** **Girls:** 8, 9, 10, 11, 12+	**Boys:** Turbo Javelin **Girls:** 100m
4 10:50 – 11:30	**200m** **Boys:** 8, 9, 10, 11, 12+	**8 & 9 Girls:** Shot Put **10 Girls:** High Jump **11 & 12+ Girls:** Long Jump	**Boys:** 200m **Girls:** Frisbee Discus
5 11:30 – 12:10	**8 & 9 Boys:** Shot Put **10 Boys:** High Jump **11 & 12+ Boys:** Long Jump	**200m** **Girls:** 8, 9, 10, 11, 12+	**Boys:** Frisbee Discus **Girls:** 200m
6 12:10 – 12:30	**BREAK [20 minutes]**		
7 12:30 – 1:10	**800m** **Boys:** 8-10, 11, 12+	**8 & 9 Girls:** High Jump **10 Girls:** Long Jump **11 & 12+ Girls:** Shot Put	**Boys:** Softball Shotput **Girls:** Softball Shotput
8 1:10– 1:50	**8 & 9 Boys:** High Jump **10 Boys:** Long Jump **11 & 12+ Boys:** Shot Put	**800m** **Girls:** 8-10, 11, 12+	
9 1:50 – 2:20	**Relays:** Everyone sits with their House next to the 100m track to support relay teams Boys Primary School Relay Girls Primary School Relay		
10 2:20 – 2:50	Announcements & Thankyou Clean-up / Pack-up / Pick-up rubbish Carnival ends and everyone leaves for buses.		

Note: All **8- to 10-year-olds** will compete against each other for every field event, 800m & 1500m. Also, the **5- to 7-year-old events** are novelty events. 1st to 3rd place will receive ribbons even though distances and times are not recorded for records or House points.

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Casino Christian School Athletics Carnival
HELPERS Note

I am able to help at the following Carnivals:

☐ Secondary Athletics Carnival on Thursday 11th June, 2026

☐ Primary Athletics Carnival on Friday 12th June, 2026

My preferred job for the day:

☐ Timekeeper ☐ Recording

☐ Ribbon Writer ☐ Other: _____

☐ Helping with a Field Event (Shot Put, High Jump, Long Jump)

I am able to help in the following time slots:

☐ 9.30am - 12.00pm ☐ 12.00pm – 2.30pm

☐ All Day (9.30am to 2.30pm)

Name of helper: _____ Mobile no: _____

Email: _____

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Signed: _____ (Parent/Guardian) Date: _____

If you are able to help, please complete the section above and return it to the School Office by **Thursday 4th June or** alternatively call the school and leave a message **or** send an email to dmcpherson@ccs.nsw.edu.au

D. McPherson
Sports Coordinator