



Monday 20th May 2024

Casino Christian School Athletics Events Program (2024)

Dear Parents / Guardians,

In 2024, the Athletics Carnival will be held at Casino Christian School over 2 days. The Secondary Athletics Carnival will be held on **Tuesday 18th June** and the Primary Athletics Carnival will be held on **Wednesday 19th June**. Since there are so many Athletics events, not all of them will be held on the day of each Carnival. Some will be held over the 3 weeks leading up to the Athletics Carnival. Please read this note carefully so your child is fully prepared for all the Athletics events that are taking place.

Secondary Athletics Events

- **Track:** 100m, 200m, 400m, 800m & 1500m
- **Field:** Javelin, Discus, Shot Put, High Jump & Long Jump

Primary Athletics Events (turning 8 years and up in 2024)

- **Track:** 100m, 200m, 800m & 1500m
- **Field:** Discus, Shot Put, High Jump & Long Jump

Infants Events (turning 7 years and under in 2024)

- These students will participate in modified events during the Primary Athletics Carnival

Important dates to remember leading up to each carnival:

- **Friday 24th May:** Secondary will compete in the **1500m track** event during Year 7 to 10 sport. Senior secondary students can join in if they want or stay in class. Primary students will compete in this event around 2.20pm after the secondary students have finished.
- **Friday 31st May & Friday 7th June:** Secondary students will compete in the **Discus & Javelin** during 7 to 10 secondary sport. Senior students who want to compete can join in during this time or stay in class.
- **Monday 27th May to Friday 7th June:** Primary students will compete in the **Discus** during their class PE times or Primary Sport. This will be organised by Mr Frahm and Mrs Coulter.



What do I wear when we have athletics events on?

- **Pre-Carnival Events:** During these events all students will wear their Sports uniform. They can bring a pair of sports shoes in their bag and use these during the event. Year 11 and 12 students can bring a change of clothes and shoes if they are competing.
- **Athletics Carnival:** House colour clothes that are appropriate, sun safe and your child can compete in them.

Age Group

Students participate in the age group they turn in 2024 and not the age you currently are if you haven't had your birthday yet.

Everyone is Welcome

Family and friends are welcome and encouraged to travel out to Casino Christian School and cheer on the students at the Athletics Carnival. Students are encouraged to dress-up and support their team in their house colours.

- **Secondary Athletics Carnival:** Tuesday 18th June from 9.15am to 2.45pm
- **Primary Athletics Carnival:** Wednesday 19th June from 9.15am to 2.45pm

Athletics Carnival Program for both days (see attached programs for both days)

8.30am – 9.00am: students arrive at Casino Christian School

9.00am – 9.15am: roll call on the oval.

9.15am – 9.30am: Announcements & Prayer

9.30am – 2.30pm: Athletics Events

2.30pm – 3.00pm: Announcements & Clean-up

Canteen / Coffee Cart / Food Stalls(to be confirmed)

- **Secondary Athletics Carnival on Tuesday 18th June:** The canteen will operate from 10.50am until 1.40pm. There may also be a Coffee Cart and some student leader food stalls. Stay tuned for more information soon.
- **Primary Athletics Carnival on Friday 16th June:** The canteen will operate from 10.50am until 1.40pm. There may also be a Coffee Cart and some student leader food stalls. Stay tuned for more information soon.



What to Bring to the School Athletics Carnival

- Full School sports uniform or House colours are to be worn. Please make sure all the clothing is sun safe, appropriate and modest for our school athletics carnival.
- Shoes must be worn at all times.
- Bring a change of clothes (and shoes) just in case you get wet and/or muddy.
- Bring a water bottle, snacks, lunch, money for coffee cart / canteen / food stalls (if they happen)
- Hat & Sunscreen
- Asthma Puffer & medications if needed.

Travel Arrangements

All students will travel to and from school in the usual way.

HELPERS NEEDED

As this is a big event for our staff to coordinate, we would really appreciate some parent assistance with timekeeping, ribbon writing and a variety of other jobs. If you are able to help, please complete the section on the attached form and drop it in to the School Office by **Wednesday 5th June** or alternatively call the school and leave a message or send an email to dmcpherson@ccs.nsw.edu.au

Please remember that the Casino Christian School Athletics Carnival is a compulsory school event for all students.

Important Zone & State Athletics dates

- Zone Athletics Carnival (Coffs Harbour): Wednesday 7th August, 2024
- Primary State Athletics Carnival (Sydney): Friday 23rd August, 2024
- Secondary State Athletics Carnival (Sydney): Thursday 29th August, 2024

D. McPherson
Sports Coordinator



Secondary Athletics Carnival

Tuesday 18 June 2024

Time / Round	Boys Events	Girls Events
1 9:00 – 9:30	Students arrive and sit in year groups on the oval in front of the Carpark. Prayer, Rolls, Introduction & Announcements	
2 9:30 – 10:10	100m Boys: 12, 13, 14, 15, 16, 17, 18+	12 to 13 Girls: Long Jump 14 to 15 Girls: Shot Put 16 to 18 Girls: High Jump
3 10:10 – 10:50	12 to 13 Boys: Long Jump 14 to 15 Boys: Shot Put 16 to 18 Boys: High Jump	100m Girls: 12, 13, 14, 15, 16, 17, 18+
4 10:50 – 11:30	200m Boys: 12, 13, 14, 15, 16, 17, 18+	12 to 13 Girls: High Jump 14 to 15 Girls: Long Jump 16 to 18 Girls: Shot Put
5 11:30 – 12:10	12 to 13 Boys: High Jump 14 to 15 Boys: Long Jump 16 to 18 Boys: Shot Put	200m Girls: 12, 13, 14, 15, 16, 17, 18+
6 12:10 – 12:50	400m Boys: 12, 13, 14, 15, 16, 17, 18+	12 to 13 Girls: Shot Put 14 to 15 Girls: High Jump 16 to 18 Girls: Long Jump
7 12:50 – 1:30	12 to 13 Boys: Shot Put 14 to 15 Boys: High Jump 16 to 18 Boys: Long Jump	400m Girls: 12, 13, 14, 15, 16, 17, 18+
8 1:30 – 2:00	800m Boys: 12, 13, 14, 15, 16, 17, 18+ Girls: 12, 13, 14, 15, 16, 17, 18+	
9 2:00 – 2:30	Relays: Everyone sits in with their House next to the 100m track to support relay teams Boys Secondary School Relay Girls Secondary School Relay	
10 2:30 – 3:00	Announcements & Thankyou Clean-up / Pack-up / Pick-up rubbish Carnival ends and everyone leaves for buses.	



Primary Athletics Carnival

Wednesday 19 June 2024



Time / Round	Primary Boys Events	Primary Girls Events	5 to 7 Year Events
1 9:00 – 9:30	Students arrive and sit in year groups on the oval in front of the Carpark. Prayer, Rolls, Introduction & Announcements		
2 9:30 – 10:10	100m Boys: 8, 9, 10, 11, 12+	8 Girls: Long Jump 9 & 10 Girls: Shot Put 11 & 12+ Girls: High Jump	Boys: 100m Girls: Turbo Javelin
3 10:10 – 10:50	8 & 9 Boys: Long Jump 10 Boys: Shot Put 11 & 12+ Boys: High Jump	100m Girls: 8, 9, 10, 11, 12+	Boys: Turbo Javelin Girls: 100m
4 10:50 – 11:30	200m Boys: 8, 9, 10, 11, 12+	8 Girls: Shot Put 9 & 10 Girls: High Jump 11 & 12+ Girls: Long Jump	Boys: 200m Girls: Frisbee Discus
5 11:30 – 12:10	8 & 9 Boys: Shot Put 10 Boys: High Jump 11 & 12+ Boys: Long Jump	200m Girls: 8, 9, 10, 11, 12+	Boys: Frisbee Discus Girls: 200m
6 12:10 – 12:30	BREAK [20 minutes]		
7 12:30 – 1:10	800m Boys: 8-10, 11, 12+	8 Girls: High Jump 9 & 10 Girls: Long Jump 11 & 12+ Girls: Shot Put	Boys: Softball Shotput Girls: Softball Shotput
8 1:10 – 1:50	8 & 9 Boys: High Jump 10 Boys: Long Jump 11 & 12+ Boys: Shot Put	800m Girls: 8-10, 11, 12+	
9 1:50 – 2:20	Relays: Everyone sits in with their House next to the 100m track to support relay teams Boys Primary School Relay Girls Primary School Relay		
10 2:20 – 2:50	Announcements & Thankyou Clean-up / Pack-up / Pick-up rubbish Carnival ends and everyone leaves for buses.		

Note: The 5- to 7-year-old events are novelty events. 1st to 3rd place will receive ribbons even though distances and times are not recorded for records or House points.



CASINO CHRISTIAN SCHOOL

Grow in Grace and Knowledge
2 PETER 3:18

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A Ministry of the Casino Presbyterian Church - since 1995



Casino Christian School Athletics Carnival HELPERS Note

I am able to help at the following Carnivals:

- Secondary Athletics Carnival on Tuesday 18th June, 2024
 Primary Athletics Carnival on Wednesday 19th June, 2024

My preferred job for the day:

- Timekeeper Recording
 Ribbon Writer Other: _____
 Helping with a Field Event (Shot Put, High Jump, Long Jump)

I am able to help in the following time slots:

- 9.30am - 12.00pm 12.00pm – 2.30pm
 All Day (9.30am to 2.30pm)

Name of helper: _____

Mobile no: _____

Email: _____

Signed: _____ (Parent/Guardian)

Date: _____

If you are able to help, please complete the section above and return it to the School Office by **Wednesday 5th June** or alternatively call the school and leave a message or send an email to dmcpherson@ccs.nsw.edu.au

D. McPherson
Sports Coordinator