



Tuesday 22nd July 2024

Rugby League Tackle Training (2024) Term 3 & Term 4

Dear Parents/Guardians,

Your child has expressed an interest in participating in training sessions for Rugby League in order to learn how to tackle and be tackled. These training sessions will also help when our school plays an internal game (Week 7), CSSA Christian Schools tournament (Week 8), Titans Nines (Week 9) and Summer Sevens (Term 4).

These sessions are also aimed at growing Rugby League in our zone and will be overseen by the local NRL Development Officer for some sessions and Mr McPherson for other sessions. Rugby League is a contact sport and carries with it all of the associated risks that accompany the game. In order to minimise the risk and develop safe practise, safe tackle method will be trained as part of the selection process for any future games.

This training will take place at school on Friday's during sport and some lunchtimes throughout Term 3 and early term 4. In order to participate in this training, it is essential that students bring with them a **mouthguard** and **appropriate footwear**. Students may wish to wear headgear and/or shoulder/chest pads; however, these are not essential.

Training on skills such as safe tackling method at school will help to ensure there is as little risk involved as possible during games. Parental permission is required in order for students to participate in this training. This training will involve an internal game. When we play a game against another school, then a new permission note will be sent home. Games will only be played against students of a similar age bracket.

- Date:** Friday Sport and some lunch times throughout Term 3 and early Term 4.
- Time:** Friday Sport (1.45pm to 2.45pm) and during some lunchtimes (1.00pm to 1.40pm)
- Where:** Casino Christian School
- Cost:** NIL
- What to bring**
- Mouth guard & Football Boots
 - Appropriate change of clothes (or you will not participate)
 - Water Bottle

Return the attached permission note to the school office by Friday 26th July, 2024

D. McPherson
Sports Coordinator



CASINO CHRISTIAN SCHOOL

Grow in Grace and Knowledge
2 PETER 3:18

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A Ministry of the Casino Presbyterian Church - since 1995



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Rugby League Tackle Training (2024) Term 3 & Term 4

I give permission for my child _____ to participate in the Rugby League contact training at Casino Christian School starting on Friday 9th August and happening throughout term 3 and early term 4.

I understand that my Child must have a mouthguard, appropriate change of clothes and appropriate footwear in order to participate.

Should any medical or hospital treatment be required for my child, I authorise the teacher in charge to take the appropriate action and any associated costs will be met by me.

This is for information purposes only. Please tick the appropriate box:

- My child would like to play an internal game of rugby league at School (separate to the training)
- My child would play a game of rugby league against another school at the Christian Schools Zone, Titans Nines & Summer Sevens.
- My child will only do the training and not participate in any internal or external rugby league games.

Any Comments or suggestions: _____

Signed: _____ (Parent/Guardian)

Print Name: _____

Date: _____