



21ST SEPTEMBER 2023

# THRIVE

CASINO CHRISTIAN SCHOOL NEWSLETTER

## Calendar

### Week 10 (B)

All week: Yr10 Work Experience

Thurs 21st Sept: Pizza Day (Yr12 Fundraiser)

**Fri 22nd Sept: Last Day of Term 3**

**Yr 12 Graduation Breakfast, 7.30pm**

**Yr12 Graduation and Whole-School Assembly, 1.30-3pm**

### School Holidays

Tues 3rd Oct: SALT Program

### TERM 4

HSC exams start

### Week 1 (A)

**Tues 10th Oct: First Day of School**

### Week 2 (B)

Wed 18th Oct: Vaccinations for Yr 7 (& Yr 10 catchups), 9am

Fri 20th Oct: Zone Futsal

Fri 20th Oct: BBQ Yarn and Art Cultural Afternoon, 3.30-6pm

## How do we Navigate this New World?

This week Mr Lake and I attended a key child protection convention at the Association of Independent Schools (AIS) NSW in Sydney. Hundreds of other independent school leaders attended to discuss and receive training about a variety of important and relevant child protection issues including vaping, protective behaviours around abuse and sexual assault, suicide and mental health.

It was upsetting but important information. It made us long for Heaven and the return to a perfect society with Jesus. God designed and created this world with perfect balance and peace. We see this in the Garden of Eden in Genesis 1. He quite clearly showed us the way relationships and humans were created and designed to be.

*21 So the LORD God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and then closed up the place with flesh.*

*22 Then the LORD God made a woman from the rib he had taken out of the man, and he brought her to the man.*

*23 The man said, "This is now bone of my bones and flesh of my flesh; she shall be called 'woman,' for she was taken out of man."*

*24 That is why a man leaves his father and mother and is united to his wife, and they become one flesh.*

*25 Adam and his wife were both naked, and they felt no shame.*

Adam and Eve were united in perfect partnership. They were different yet complimentary, and they felt no shame, fear or pain. They were also in a perfect, love-filled relationship with their creator. Our biblical worldview recognises that God designed relationships to be like this - without shame or fear or brokenness, in perfect relationship with each other and God.

However, what a contrast the world is today! Sadly, we see the effects of sin and brokenness all around and young people are increasingly facing and being impacted by harmful behaviours that put them at risk.

With this in mind, we need to work more than ever to, *"Start children off on the way they should go, and so that even when they are old they will not depart from it."* (Proverbs 22:6)

A key point from the latest research shared at the convention, was that *education and information from the right sources seems to be the key protective behaviour in helping keep young people safe*. The research across many countries found an interesting link that one might not expect; regardless of faith, cultural norms, or socioeconomics, education and information from the right sources, actually delays engagement with sexual activity, drug taking and online pornography.

Historically in some Christian circles, there has been a reluctance to engage with certain 'difficult' topics because of the fear that this exposure might mean children and young people may engage in these behaviours earlier. However, after more than three decades of research, we know this has the opposite effect.

Some of the statistics shared with us from the current research only further highlighted the need to be having these 'difficult' discussions at home, at school and in our community.

Children often engage with sexually explicit material to try and answer some of their questions when they feel unable to ask the people around them. As adults in their lives, we want them to know that God designed relationships, sex, connection and a sense of belonging so that we can enjoy and live a rich life, but he also provides us with his blueprints for healthy and meaningful connections in marriage.

Our young people are bombarded with sexualised images and advertising messages almost constantly. For example, in the USA in 2018, \$648 billion was spent on vaping advertisements alone. Vapes in Australia, when confiscated and tested nearly all contained nicotine in large amounts. In some cases, the equivalency of four packets of the Malboro Red!

Then there is what children and young people have to navigate on social media platforms. Across the globe, there are 3.2 billion images posted on social media each day, and by the age of 13, over 30% of all children in Australia have been exposed to sexually explicit or sexually violent material, and by the age of 20 more than 50% of young women have experienced some kind of sexual violence. The statistics for sexual assault are alarming in our nation.

Surprisingly, the most vulnerable age for child abuse is between the ages of 8 – 12 years old and 90% of the abusers are known to their victims. Other noted risk factors for harm included:

- more independence and less supervision of young people
- emotional neglect from a parent
- exposure to family violence.

Interestingly and unfortunately, the prevalence of these figures don't seem to be less in faith based circles vs other social cultures.

So what can we do to help protect our children from harm? It can seem overwhelming.

Our goal is to work in partnership to grow our students in grace and knowledge and to show them how to honour Christ in practical ways across all their relationships, and in all 'difficult topic' areas. We seek to do this by providing factual information through a biblical worldview. Clearly, we recognise that students will make their own choices but want to equip them with the information to make wise decisions that set them up for healthy, restorative and respectful relationships.

Last year we introduced Digihelp as a key resource to help us do that. It is designed and written for students, teachers and parents to have these important discussions at a school level and to support parents to do so at home. In Term 4, we will again be incorporating this program into our Welfare Programs across the Years 5-10, which you may remember I mentioned earlier, are those key vulnerable years for things like assault, abuse, cyberbullying, sexual violence and other high risk behaviours.

This resource, written by an Australian Minister, encourages students and families to discuss the impact the sexualised media has on the development of habits, identity, relationships, and social behaviours, while emphasising positive responses and behaviours and to challenge negative narratives online and in real life. Key topics are taught with age-appropriate language and facts and include information around:

- dopamine and neurological development
- identity and social media
- healthy friendships, online and offline
- respect, empathy, consent and positive communication
- sexting
- cyberbullying
- developing positive online behaviours.

Each lesson is designed to stimulate critical thinking, creative exploration, and personal responsibility for choices and actions. Can I assure you, these lessons are taught with great sensitivity and with a strong Christian and biblical focus. Students may be split into female and male groups if discussions are of a sensitive nature.

We also want to clearly honour, applaud the bravery and recognise that there are staff, parents, students in our midst who have may been the victims of sexual violence, harm or abuse, and recognise that this may be triggering for some members of our school community.

Please let us know if this might be the case for your child so that we can protect and preserve their privacy. We want to support you or your child with compassion, empathy and respect. Our God sees us as perfect when we are restored to that perfect relationship with him through Jesus regardless of our painful histories, trials, or abuse.

Like last year, we will also send home a Parent Booklet that can assist you in having conversations about these issues, and so that you are informed about what we are discussing with our students. You are not required to fill it out, but we encourage you to use it in your family discussions as you see fit.

You can of course, choose to have your child opt out, but can I encourage you to consider how important these conversations are for our students. We believe education is key to transforming the mind as so eloquently put by Paul in Romans 12: 2, *"Do not conform to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will."*

We remain committed to our vision of honouring Christ, building community to support those who need justice, empathy or protection, and growing our students with the knowledge to show compassion, integrity, responsibility and respect. May they go out and shine a light into our community about the love and grace of our Lord Jesus Christ.

**Mrs Faith Hull**  
Principal



*Congratulations*



*Graduation  
Assembly*

CLASS OF  
2023

22 September, 2023

1:30-3pm

at the CCS MPC

All friends and family welcome



# *Student Action Leadership Training*

At CCS we want to support and encourage our Christian students to put their faith into action in the school context. As such, on Tuesday 3rd of October (second week of the school holidays) we will be hosting SALT - School Action Leadership Training Day. The day will be run in partnership with Nambucca Valley Christian School and St Andrews Christian School (Grafton) to develop students' faith and think through how they can live out their Christian faith at school.

For more information, please contact Mrs Jess Bryant or Mr Matt Lake.



The poster features a blue and yellow color scheme. At the top, the word 'SALT' is written in large, glowing yellow letters on a blue background. Below it, the text 'SCHOOL ACTION LEADERSHIP TRAINING IN CHRISTIAN SCHOOLS' and 'Years 9-12' is displayed. A large blue cross is positioned to the right of the text. In the center, there is an illustration of two hands, one palm up and one palm down, with fingers spread. At the bottom, there is an illustration of five stylized figures sitting in a row, with the first figure on the left pointing upwards. The text is arranged in various colored boxes: a yellow circle for the date and time, a blue rounded rectangle for the school name and address, a blue rounded rectangle for the theme, a yellow rounded rectangle for contact information, and underlined text for the activities.

**SALT**  
SCHOOL ACTION  
LEADERSHIP TRAINING  
IN CHRISTIAN SCHOOLS  
Years 9-12

**Tuesday 3rd  
October 2023  
10am-4pm**

**Casino Christian School**  
93 Manifold Rd, Casino

**HOW CAN I LIVE  
OUT MY CHRISTIAN  
FAITH AT SCHOOL?**

**Talks**

**Games**

**Seminar**

**FREE** Christian  
Leadership Training Day

**If interested speak to:  
Year 1 Mrs Bryant -  
[jegan@ccs.nsw.edu.au](mailto:jegan@ccs.nsw.edu.au)  
or Mr Lake**

# *Year 7 Orientation Days*

Is your child in Year 6 this year?  
Remember to put these dates in your diary for the Year 7 Orientation Days!  
Please share with any friends or family who would be interested.



## *Casino Christian School*

### **YEAR 7 2024 ORIENTATION DAYS**



**9am-3pm**

**Team Building Day - 27th October, 2023**

**A Taste of High School - 10th November, 2023**

[ccs.nsw.edu.au](https://ccs.nsw.edu.au) | 02 6662 5599

# *How to Give Feedback*



Have you got something to say?

We have set up a new email dedicated to hearing from our parents and school community. You can share an idea, tell us a good news story or provide some constructive feedback on how we could do something better! We want to hear what you have to say!

Just email [feedback@ccs.nsw.edu.au](mailto:feedback@ccs.nsw.edu.au)

## *Before School Times*



Just a reminder that students are not to be at school before 8.40am, as teachers are not able to supervise before this time.

Thank you.

## *Transition in the Library*



Thank you Ella for reading to our Transition students!  
We'll miss you!



# *Head Lice*

Head lice have moved back to school. Please be vigilant in checking your children's hair, particularly Primary students.

If your child has head lice, please treat their hair before they return to school. Once they are treated, there is no need for them to stay home.

For more information on head lice, please visit:

[NSW Government Education - Head Lice](#)



# *Senior Uniform*



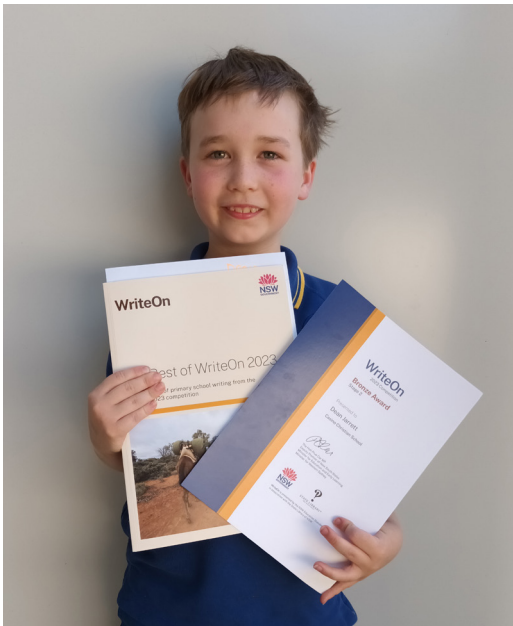
Dear Year 10 Students,

As you officially start Year 11 in Week 6 Term 4, you are welcome to start wearing the Senior Secondary Uniform then, however this is not compulsory until next year.

Thank you.



# A Famous Writer!



## Congratulations

Dean Jarrett in Stage 2 has received a bronze certificate for entering the Annual NESAWriteOn competition. This is a very big achievement as he competed against other Stage 2 students across the state. To enter, a student needed to submit a 500 word story based on the shown image. NESA received 640 primary entrants to judge.

## The camels that came to life

DEAN JARRETT  
Casino Christian School

In the vast Australian outback, miles from anywhere, was a little company that sold a variety of toys. There were big ones and small ones, they sold them all. A man (called Jeffrey) came by from Sydney and stopped at the company. His mouth dropped open when he came inside and saw the incredible toys. They towered over him. Jeffrey told the boss he had an amazing company! As quick as a flash, Jeffrey bought a truck-load of toys and took them back home to give to his friends.

Jeffrey set up an ad for the toy company and stuck posters everywhere. In no time at all they had millions of customers. In just one night, they were sold out of everything. Everything except a caravan of little camels on the top shelf. The owners were surprised and sad at the same time. They now needed more toys. What were they to do? They had no materials left. They'd have to find some other way.

They met a mythical elf one fine sunny day ... His name was Fredrick. With money in hand, they asked him to make the camels come to life. Fredrick sang a little song and clapped while performing a secret spell that only he could do. After a bit, those tiny camels were the size of a real camel. In the blink of an eye, they were all out the door, walking away to deliver presents around the Australian outback.

The owners managed to get more materials and set to work making toys to sell. They worked quickly, before the camels came back. They were sewing and stitching and soon had another load ready to go. The camels came back, loaded their packs and were gone in a flash. They vanished except for a tiny speck on the horizon.

It was hard doing two things at once they thought. If only they had machines or better locations where there are more people. Maybe they could set up in

towns with shops. Then the people wouldn't have to travel, and they could have a truck to deliver to people's houses.

Suddenly something strange happened. The phone started ringing and they answered it ... And you'll never believe what they heard.

"How long has it been since you last checked your front door? If you haven't already, I would recommend doing it now. You'll be in for a surprise." Their mouths dropped when they opened the door and read the note sitting there.

Dear Toy Company,

I have seen your awesome camels running around the outback and I was wondering ... If you could deliver presents for me, I deliver the presents on the northern hemisphere, and you take the southern hemisphere.

From Santa

Click yes or no down below!

They clicked yes and a sleigh came down from the sky. That's how Santa delivers the presents to Australia at Christmas. ■





## *Remote Control Car Club*

In broadening and enriching lunch time activities for our students, we are trialing with year 3-6 students the start of a remote-control car club. Beginning last Thursday at lunch time, students had the opportunity to bring their own remote-control car to school to play with others at lunch time in a designated and supervised area. The idea is to create opportunities for students to create friendships through different settings based on students varied interests. After the trial period, if interest remains high and students adhere to the rules, we will look at expanding opportunities to other grades at different times.





# *Staff vs Student Soccer Game*



Congratulations Staff/Families who conquered our Senior Students 3-0 in their soccer game yesterday. Thank you for all our spectators' support!





# *Electric Kombi Visit*

Casino Christian School was the winner of the Southern Cross University Electric Kombi School Visit Competition. The Kombi was brought to our school last Friday and students from Years 3-6 and High School students were given a presentation from Andrew Naughton, the designer and engineer of the Kombi conversion from petrol to electric power. Students had an exciting opportunity to ask questions and begin to have an understanding about the possibility of older classic vehicles being used as part of an environmentally friendly solution which may be part of their future. Students were given inspiration to consider career paths in engineering and technology-related fields that can impact our communities. The team from Southern Cross University were impressed with the interest from students and staff and will look for further opportunities to engage with our school.

Mr Peter Lee





# *NSW SES Youth Internship Program*

When Casino SES Unit was selected as one of 10 units across NSW to run a trial NSW SES Youth Internship Program, they put a call out to interested students in the local High Schools. CCS students responded enthusiastically and seven of our students (representing 50% of the intake) went on to complete the Internship.

As part of the program, they learnt everything from how to build a sandbag wall, to how to use a portable radio, lead a team, use a silicon gun, use an AED and how to tie an alpine butterfly knot.

The last week of activities took the youth out onto the water in a punt. Experienced boat operators demonstrated maneuvering a vessel to retrieve people from a riverbank or roof of a house and explained how to be a spotter looking out for hazards, especially at night time.

Visits from the RFS, Police Rescue, NSW Ambulance Service and VRA throughout the 10 week program gave our students the opportunity and hands-on experience on some of the tools and tasks these rescue services provide.

At the Presentation Night held earlier this week, one of our students was chosen to speak on behalf of the interns in thanking everyone for their mentorship. All students spoke highly of the planning, organising and skills and knowledge they gained and how much fun they had in the process.



# Canteen Menu Update

## CASINO CHRISTIAN SCHOOL CANTEEN MENU



### HOT FOOD (pre-order to office by Thursday with name, class, order & correct money)

Kings Meat Pie	\$4.50
Kings Sausage Roll	\$3.50
Spinach & Feta Roll	\$3.50
Ham and Cheese Toasted Wrap	\$3.00
Vegemite Scroll	\$4.00
Dino Nuggets	\$3.00 for 5 nuggets
Fish Bites	\$3.00 for 5 bites
Chicken Burger* ( <i>schnitzel, lettuce &amp; mayo</i> ) + gf option	\$6.00
Veggie Burger* ( <i>veggie pattie, lettuce &amp; mayo</i> )	\$6.00
Pizza Single* ( <i>ham &amp; pineapple or cheese &amp; bacon</i> )	\$3.50
Sauce ( <i>BBQ or tomato</i> )	30c

### CHIPS

Red Rock Deli ( <i>sea salt</i> )	\$1.00
Grain Waves ( <i>sour cream &amp; chives</i> )	\$1.00
Popcorn	\$1.00

### DRINKS

Bottled Water	\$1.00
Fruit Juice Popper ( <i>apple, apple &amp; blackcurrant, tropical or orange</i> )	\$1.50
Flavoured Milk ( <i>chocolate or strawberry</i> )	\$2.50

### FROZEN FOOD\*\*

Moosie ( <i>chocolate, strawberry or blue moon</i> )	\$1.00
Frozen Yoghurt Twist ( <i>choc/vanilla or strawberry/vanilla</i> )	\$2.00
Zooper Dooper	\$1.00

\*Burgers and pizzas are only available on pre-order

\*\*Orders with frozen food may be stamped to return to the canteen to collect frozen food

As of 18.9.23



It's time to jump in!



# CASINO POOL FREE FAMILY FUN DAY

**SATURDAY 23 SEPTEMBER  
GATES OPEN 9AM  
ACTIVITIES | FOOD**

**Be one of the first to see  
the amazing upgrades  
to our new pool**



Richmond  
Valley  
Council

Discover  
**RICHMOND  
VALLEY**  
explore next door





**Casino & District  
Historical Society Inc**

**FREE  
OPEN DAY**

Come to the museum  
on Saturday 7th of October  
between 9am and 3pm.  
You'll see lots of great stuff,  
hear interesting stories  
and all kids get a lucky dip!

We are located at 31A Walker St, Casino,  
right next to Casino Public School.

See you there!



# School Holiday Activities

## for kids



FUN & CREATIVE

### **VACATION AND AFTER SCHOOL CARE – LIMITED SPOTS AVAILABLE!**

Phoenix Friends is a local centre offering exciting vacation care programs and regular after school care. We welcome all children, and have extensive experience with autism and/or additional needs, including respite for parents. Call Katee on 0459 747 038 to discuss further.

School holidays are just around the corner!

If you're needing care for your kiddos Phoenix Friends is ready to provide some fun!

Activities include:

- Swimming
- Cinema
- Roller skating
- Evans Head
- Cooking
- Heritage Park
- Lots of fun and games in between at Phoenix hall

Our programs run from 9-3pm, however we are flexible with start/finishing times to accommodate our working parents/caregivers.

Bookings essential

0459747038

Katee

# Level Up Program

Aimed at youth members aged 14 and 17.



Tuesday, 12  
September

9.45am - 12:30pm

1:30pm - 2:30pm

Awareness of First Aid - "Survival It's Life".  
Learn how to manage situations and delve into all topics from Cardiopulmonary Resuscitation (CPR), to choking, bleeding, bites and stings, fractures and more.

Attendees will receive a certificate of attendance on completion.

End the day with a fun fitness session hosted by the crew at PCYC!



Tuesday, 19  
September and  
Thursday, 21  
September

9.45am - 12:30pm

1:30pm - 2:30pm

Fine tune your car knowledge and skills!  
Learn everything from general motor servicing, oil checks, workplace safety, vehicle check sheets, Tyre maintenance and pressure checks.

Attendees will receive a certificate of attendance on completion.

End the day with a fun fitness session hosted by the crew at PCYC!



Tuesday, 26  
September

9.45am - 12:30pm

Safe Work White card - Occupational Health and Safety management.

Learn valuable skills needed to act in a workplace health and safety advisor role in your workplace.

Each day will include Welcome to Country, motivational local Guest Speaker, workshop, lunch and afternoon activity. Looking to be inspired and develop new skills? Join our Level Up program now!

For information, please call 02 6662 2898, or drop in to 138 Canterbury Street, Casino.



**momentum**  
*collective*



# EXPLORE THE WORLD EXPO

FRIDAY 6TH OCTOBER AT THE OAKS  
CENTRE 10 to 12pm

Come and explore all that Casino has to  
offer for you as a young person

There will be opportunity to talk to local businesses,  
explore hands on what a job might look like, have some  
fun, get some support with life things you might be  
struggling with and enjoy some good food

For more information contact Meigan at the  
Neighbourhood Centre on 66622898



# TUNES IN THE VALLEY

COME ALONG AND LISTEN  
OR JAM OUT WITH PRO MUSICIANS LEARN ALL ABOUT  
THE TRICKS OF THE TRADE

**Zeebras Cafe, Casino**  
**4pm to 7pm**

**11/09/2023**

**16/10/2023**

**6/11/2023**

**27/11/2023**

**AGES 12  
AND UP**

**Dinner  
Provided**



**ADF**

Alcohol  
and Drug  
Foundation



**MRNC**  
*Presents*

# Riverside **YOUTH** Festival **FREE** **EVENT**

**CORAKI RIVERSIDE PARK**

**SATURDAY SEPT 30**

**11AM - 4PM**

**TRANSPORT AVAILABLE  
CONTACT MRNC ON 6682 4334**

**TRUCKSTOP SK8  
LASER TAG**

*Feat.*

**LIVE MUSIC  
YOUTH WORKSHOPS  
ROVING PERFORMERS  
FREE RVC BBQ  
& MUCH MORE!**



**Richmond  
Valley  
Council**



# Junior Fellowship & Youth Group



## Junior Fellowship

A group where we play games, do craft, eat afternoon tea, and learn about Jesus!



Who: **Anyone in Kindy – Yr 6**

When: **3.30PM – 5PM every WEDNESDAY**  
(during school term)

Where: **Casino Presbyterian Church Hall**

Cost: **\$2 each**

Got questions? Contact Kate or Dan ☺

Kate Farrugia - 0412 930 114

Dan Phelps - 0431 450 265

## YOUTH GROUP

**Casino Presbyterian Church Hall**  
(opposite Centrelink)

FOOD **3.30pm - 5.30pm**  
Fridays

GAMES **Yr 6 - Yr 12**

OUTINGS **\$2 each**

BIBLE TALKS

**Need more info?**  
**Just ask Mr Phelps!**

Or you can go to  
**[www.casinopc.org.au](http://www.casinopc.org.au)**  
> Regular Events > Youth Group  
for information and registration forms.

## Coming to Junior Fellowship or Youth Group from CCS?



**Bus 7** will now  
STOP and let you  
off at the hall!

**You need a signed note from your parent**  
saying: *I give \_\_\_\_\_ (child's name) permission*  
*to get off at Casino Presbyterian Church every*  
*Wednesday / Friday afternoon during 2022.*  
(parent name, signature, & date)

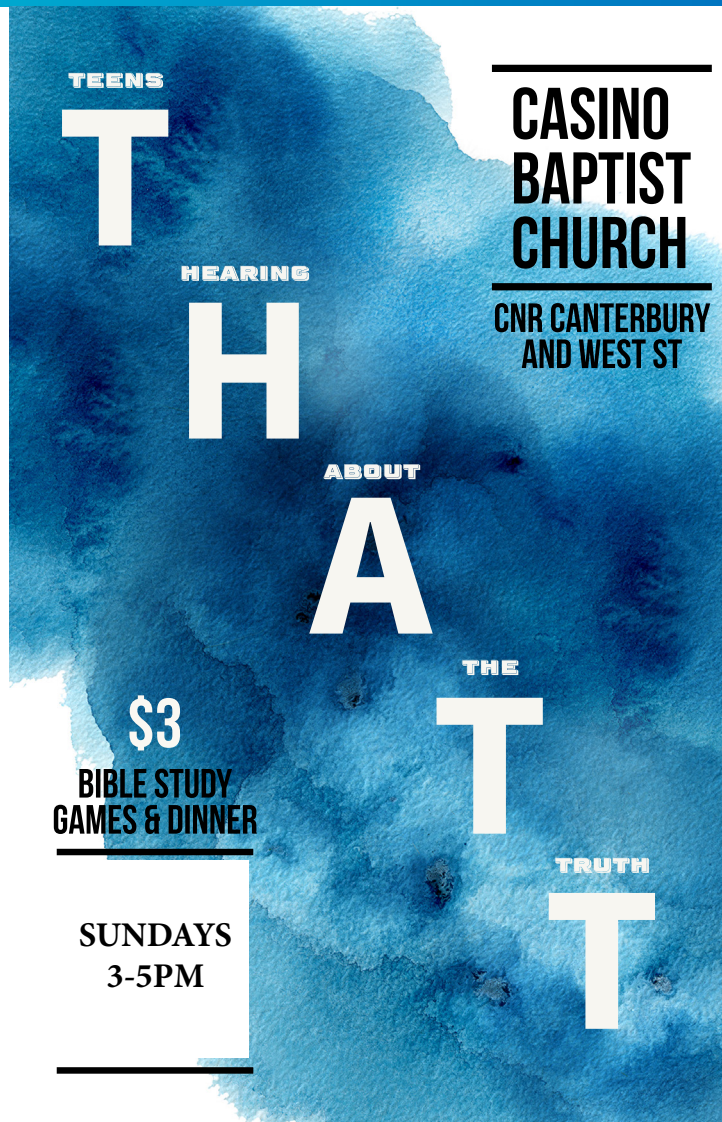
- Get on **bus 7** in the afternoon and give that note to the driver.
- Let them know you'll be getting off at Casino Presbyterian Church.

You only have to bring in the note once.  
Each Wed / Fri afterwards just let the bus 7  
driver know you'll be getting off at the Church  
and they'll stop there for you.

**No signed note =** no getting off at Church

**No bus pass?** Just bring \$2 each Wed / Fri,  
and give that to the driver when you get on in  
the afternoon (plus your signed note).

## *Baptist Church Youth Group*



TEENS  
**T**  
HEARING  
**H**  
ABOUT  
**A**  
THE  
**T**  
TRUTH  
**T**

**CASINO  
BAPTIST  
CHURCH**  
CNR CANTERBURY  
AND WEST ST

**\$3**  
BIBLE STUDY  
GAMES & DINNER

**SUNDAYS  
3-5PM**

## *Kyogle Presbyterian Youth Group*



 **GATEWAY**  
Presbyterian Church

**youth**  
**NIGHTS**

6.30-8.30pm  
Year 6-12 aged teens  
Dinner provided, cost = free!  
Contact Adela 0408958279

**Term 4, 2023**  
13th Oct  
17th Nov  
15th Dec

